Information sheet of OTC Kampo medicines for customers

# KEISHIBUKURYOGAN (桂枝茯苓丸)

## **Indications**

Following symptoms with adequate physical strength who sometimes complaint lower abdominal pain, stiff shoulder, heavy head, dizziness, hot flashes, and/or over-sensitiveness of feet to cold:

Menstrual irregularity, menstrual disorders, menstrual pain, menopausal disorders, chi-no-michi-sho\*, stiff shoulder, dizziness, heavy head, bruise (contusion), chilblains, spot of the skin, eczema/dermatitis, and acne.

\*Chi-no-michi-sho is a generic term of neuropsychiatric symptoms such as anxiety and irritation and physical symptoms due to fluctuation of female hormones caused by menstruation, pregnancy, childbirth or menopause.

# ! Caution for use

#### To be avoided

Don't give this medicine to children under 3 months of age.

### Who should seek consultation

- 1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Pregnant women or women suspected of being pregnant.
  - (3) Persons who is physically weak (declining of physical strength or constitutional weakness).
  - (4) Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
- 2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Loss of appetite

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Hepatic function failure	The following symptoms appear:  Fever, itching, rash, jaundice (yellowing of skin and white of
	eyes), brown urine, whole-body tiredness, loss of appetite

- 3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist, or registered distributor with this leaflet:
- 4. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month.

# Components

Keishibukuryogan(桂枝茯苓丸)is extract from mixture of the following crude drugs; Cinnamon Bark(桂皮), Poria Sclerotium(茯苓), Moutan Bark(牡丹皮), Peach Kernel(桃仁), Peony Root(芍薬).