Information sheet of OTC Kampo medicines for customers

SEISHINRENSHIIN (清心蓮子飲)

Indications

Following symptoms in persons with moderate or poor physical strength who have gastrointestinal weakness, general malaise, dry mouth or tongue and difficulty urinating:

Frequent urination, feeling of residual urine, urination pain, urination difficulty, cloudy urine, and leukorrhea.

! Caution for use

To be avoided

Don't give this medicine to children under 3 months of age.

Who should seek consultation

- 1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
- The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Symptoms' name	Symptoms
Interstitial pneumonia	Shortness and / or difficulties of breath when go upstairs or overwork, sudden dry cough and/or fever and its continuance
Hepatic function failure	The following symptoms appear: Fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month.

Components

Seishinrenshiin (清心蓮子飲) is extract from mixture of the following crude drugs;
Nelumbo Seed (蓮肉), Ophiopogon Root (麦門冬), Poria Sclerotium (茯苓), Ginseng (人参), Plantago Seed (車前子),
Scutellaria Root (黄芩), Astragalus Root (黄耆), Lycium Bark (地骨皮), Glycyrrhiza (甘草).