Information sheet of OTC Kampo medicines for customers

SHIN'ISEIHAITO(辛夷清肺湯)

Indications

Following symptoms in person with moderate or more physical strength who have thick runny nose, and have feeling of warmth in some case:

Nasal stuffiness, chronic rhinitis, and sinusitis.

! Caution for use

To be avoided

Don't give this medicine to children under 3 months of age.

Who should seek consultation

- 1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Persons who is physically weak (declining of physical strength or constitutional weakness).
 - (4) Persons with weak stomach and intestine, and sensitiveness to cold.
- 2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Areas	Symptoms
Gastrointestinal system	Loss of appetite, gastric distress

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Interstitial pneumonia	Shortness and/or difficulties of breath when go upstairs or overwork, sudden dry cough and/or fever and its continuance
Hepatic function failure	The following symptoms appear: Fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite
Mesenteric phlebosclerosis	Long-term use of this medicine may cause repetitive appearance of following symptoms: Abdominal pain, diarrhea, constipation, abdominal bloating

- 3. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet if symptoms do not improve after taking this medicine for about 1 month.
- 4. If you take this medicine regularly for a long period, consult a physician, pharmacist, or registered distributor.

Components

Shin' iseihaito (辛夷清肺湯) is extract from mixture of the following crude drugs;
Magnolia Flower(辛夷), Anemarrhena Rhizome(知母), Lilium Bulb(百合), Scutellaria Root(黄芩),
Gardenia Fruit(山梔子), Ophiopogon Root(麦門冬), Gypsum(石膏), Cimicifuga Rhizome(升麻),
Loquat Leaf(枇杷葉).