Indications

Following symptoms in persons with moderate or poor physical strength who tend to get tired easily, tend to feel cold in hands and foots, have decreased urine volume, edema, anddry mouth in some case:

Leg pain, lower back pain, numbness, blurred eye in elderly, itching, difficulty in urination, frequent urination, edema, associated symptoms of hypertension (stiff shoulder, heavy head, ear noise).

! Caution for use

To be avoided

Don't give this medicine to children under 3 months of age.

Who should seek consultation

- 1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Persons with weak stomach and intestine who have a tendency to diarrhea.
 - (4) Red faced persons with hot flashes who have fulfilling physical performance.
 - (5) Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
- 2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Loss of appetite, gastric distress, gastrointestinal pain
Others	Palpitations, hot flush, numbness of lip or tongue

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Interstitial pneumonia	Shortness and / or difficulties of breath when go upstairs or overwork, sudden dry cough and / or fever and its continuance
Hepatic function failure	The following symptoms appear: Fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite

3. A following symptom may appear after talking this medicine. If the symptom continues or worsen , consult a physician, pharmacist, or registered distributor with this leaflet :

Diarrhea.

4. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month.

Components

Goshajinkigan (牛車腎気丸) is extract from mixture of the following crude drugs; Rehmannia Root (地黄), Cornus Fruit (山茱萸), Dioscorea Rhizome (山薬), Alisma Tuber (沢瀉), Poria Sclerotium (茯苓), Moutan Bark (牡丹皮), Achyranthes Root (牛膝), Plantago Seed (車前子), Cinnamon Bark (桂皮), Processed Aconite Root (加工プシ).

*If you have any questions, please consult to a physician, pharmacist, or registered distributor . Supervised by Ichiro Arai Ph.D., Professor, Division of Kampo Pharmaceutical Sciences, Nihon Pharmaceutical University

