# **TOKAKUJOKITO**(桃核承気湯)

## Indications

Following symptoms in persons with moderate or more physical strength who have hot flashes and a tendency of constipation: Menstrual irregularity, dysmenorrhea, menstrual pain, anxiety during menstruation or after childbirth, lower back pain, constipation, accessory symptoms of hypertension (headache, dizziness, stiff shoulder), hemorrhoid, and contusion.

# ! Caution for use

#### To be avoided

- 1. Don't give this medicine to children under 3 months of age.
- 2. This medicine should not be taken together with the following medicines: Other cathartic agents.
- 3. Women who are nursing should not take this medicine. If they take it, avoid breast feeding.

### Who should seek consultation

- 1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Pregnant women or women suspected of being pregnant.
  - (3) Persons who is physically weak (declining of physical strength or constitutional weakness).
  - (4) Persons with weak stomach and intestine who have a tendency to diarrhea.
  - (5) Elderly persons.
  - (6) Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
  - (7) Persons with the following symptom:
    - Edema.
  - (8) Persons diagnosed as having the following:
    - Hypertension, heart disease or kidney disease.
- 2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Diarrhea with severe abdominal pain, abdominal pain

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually progress

3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist, or registered distributor with this leaflet:

Diarrhea.

- 4. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month (5 to 6 days if you take this medicine for constipation).
- 5. If you take this medicine regularly for a long period, consult a physician, pharmacist, or registered distributor.
- 6. If unexpected bleeding appears during or after taking this medicine, consult a physician, pharmacist ,or registered distributor.

#### Components

Tokakujokito (桃核承気湯) is extract from mixture of the following crude drugs; Peach Kernel (桃仁), Cinnamon Bark (桂皮), Rhubarb (大黄), Sodium Sulfate Hydrate (芒硝), Glycyrrhiza (甘草).

\*If you have any questions, please consult to a physician, pharmacist, or registered distributor . Supervised by Ichiro Arai Ph.D., Professor, Division of Kampo Pharmaceutical Sciences, Nihon Pharmaceutical University

