

Indications

Following symptoms in persons with substantial physical strength who have enough abdominal subcutaneous fat and a tendency to constipation:

Palpitations, stiff shoulder, hot flashes, edema and constipation associated with hypertension and obesity, empyema (sinusitis), eczema/dermatitis, pimple (acne), and obesity.

! Caution for use

To be avoided

1. Don't give this medicine to children under 3 months of age.
2. This medicine should not be taken together with the following medicines:
Other cathartic agents.
3. Women who are nursing should not take this medicine. If they take it, avoid breast feeding.

Who should seek consultation

1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Persons who is physically weak (declining of physical strength or constitutional weakness).
 - (4) Persons with weak stomach and intestine who have a tendency to diarrhea.
 - (5) Persons with excessive sweating.
 - (6) Elderly persons.
 - (7) Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
 - (8) Persons with the following symptoms:
Edema or urination difficulty.
 - (9) Persons diagnosed as having the following:
Hypertension, heart disease, kidney disease or thyroid disease.
2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor with this instruction leaflet.

Areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Nausea, vomiting, loss of appetite, gastric distress, feeling of enlarged abdomen, diarrhea with severe abdominal pain, abdominal pain
Neuropsychiatric system	Dizziness
Others	Sweating, palpitations, edema, headache

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Interstitial pneumonia	Shortness and/or difficulties of breath when go upstairs or overwork, sudden dry cough and/or fever and its continuance
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually progress
Hepatic function failure	The following symptoms appear: Fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite

*If you have any questions, please consult to a physician, pharmacist, or registered distributor .
Supervised by Ichiro Arai Ph.D., Professor, Division of Kampo Pharmaceutical Sciences, Nihon Pharmaceutical University

BOFUTSUSYOSAN (防風通聖散)

3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist, or registered distributor with this leaflet:
Diarrhea, constipation.
4. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet , if symptoms do not improve after taking this medicine for about 1 month (about 1 week if you take this medicine for constipation).
5. If you take this medicine regularly for a long period, consult a physician, pharmacist, or registered distributor.

Components

Bofutsusyosan (防風通聖散) is extract from mixture of the following crude drugs;
 Japanese Angelica Root (当帰), Peony Root (芍薬), Cnidium Rhizome (川芎), Gardenia Fruit (山梔子),
 Forsythia Fruit (連翹), Mentha Herb (薄荷), Ginger (生姜), Schizonepeta Spike (荊芥),
 Saposhnikovia Root and Rhizome (防風), Ephedra Herb (麻黄), Rhubarb (大黄), (Sodium Sulfate Hydrate (芒硝),
 Atractylodes Rhizome (白朮), Platycodon Root (桔梗), Scutellaria Root (黄芩), Glycyrrhiza (甘草), Gypsum (石膏),
 Aluminum Silicate Hydrate with Silicon Dioxide (滑石) .

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