Information sheet of OTC Kampo medicines for customers

HOCHUEKKITO (補中益気湯)

Indications

Following symptoms in persons with poor physical strength who are out of energy with decline of gastrointestinal function and tend to get tired easily:

Weak constitution, fatigue/malaise, weakness after illness or operation, loss of appetite, night sweat and common cold.

! Caution for use

To be avoided

Don't give this medicine to children under 3 months of age.

Who should seek consultation

- 1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Elderly persons.
 - (4) Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
 - (5) Persons with the following symptoms:

Edema.

(6) Persons diagnosed as having the following:

Hypertension, heart disease or kidney disease.

2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Areas	Symptoms
Skin	Rash, redness, itching

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Interstitial pneumonia	Shortness and/or difficulties of breath when go upstairs or overwork, sudden dry cough and/or fever and its continuance
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually progress
Hepatic function failure	The following symptoms appear: Fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite

- 3. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month (5 to 6 days if you take this medicine for common cold).
- 4. If you take this medicine regularly for a long period, consult a physician, pharmacist, or registered distributor.

Components

Hochuekkito(補中益気湯)is extract from mixture of the following crude drugs;
Ginseng(人参), Atractylodes Rhizome(白朮)or Atractylodes Lancea Rhizome(蒼朮), Astragalus Root(黄耆),
Japanese Angelica Root(当帰), Citrus Unshiu Peel(陳皮), Jujube(大棗), Bupleurum Root(柴胡),
Glycyrrhiza(甘草), Ginger(生姜), Cimicifuga Rhizome(升麻).