

Indications

Following symptoms in persons with moderate or poor physical strength who get tired easily, suffered from flash feeling, shoulder stiffness and neuropsychiatric symptoms including anxiety and irritation, and sometimes experience a constipation tendency:

Over-sensitiveness to cold, weak constitution, menstrual irregularity, dysmenorrhea, menopausal disorders, chi-no-michi-sho*, and insomnia.

*Chi-no-michi-sho is a generic term of neuropsychiatric symptoms such as anxiety and irritation and physical symptoms due to fluctuation of female hormones caused by menstruation, pregnancy, childbirth or menopause.

! Caution for use

To be avoided

Don't give this medicine to children under 3 months of age.

Who should seek consultation

- The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
 - Persons undergoing medical treatment from a physician.
 - Pregnant women or women suspected of being pregnant.
 - Persons who have gastrointestinal weakness.
 - Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
- The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Nausea, vomiting, loss of appetite, gastric distress

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually progress
Hepatic function failure	The following symptoms appear: Fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite
Mesenteric phlebosclerosis	Long-term use of this medicine may cause repetitive appearance of following symptoms: Abdominal pain, diarrhea, constipation, abdominal bloating

- A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist, or registered distributor with this leaflet:
Diarrhea.
- Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet if symptoms do not improve after taking this medicine for about 1 month.
- If you take this medicine regularly for a long period, consult a physician, pharmacist, or registered distributor.

*If you have any questions, please consult to a physician, pharmacist, or registered distributor.
Supervised by Ichiro Arai Ph.D., Professor, Division of Kampo Pharmaceutical Sciences, Nihon Pharmaceutical University

KAMISHOYOSAN (加味逍遙散)

Components

Kamishoyosan (加味逍遙散) is extract from mixture of the following crude drugs;
Japanese Angelica Root (当帰), Peony Root (芍薬), Atractylodes Rhizome (白朮) (or Atractylodes Lancea Rhizome (蒼朮),
Poria Sclerotium (茯苓), Bupleurum Root (柴胡), Moutan Bark (牡丹皮), Gardenia Fruit (山梔子), Glycyrrhiza (甘草),
Ginger (生姜), Mentha Herb (薄荷).



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